

of those who receive treatment free of charge come from various children's organizations, hospitals, elderly facilities, Westlake Village Foundation, and Scleroderma Foundation. Khanna also works with the owner of KHD 1220 AM radio station locating recipients.

ST: Can LASIK help everyone?

RK: Actually, I do many procedures other than LASIK that can help people with near and far vision difficulties. EPILASIK; Monovision; CK; PRK (Photo Refractive Keratectomy); and Crystalens Accommodating Lens; also Restor Aspheric, Rezoom Multi-Focal Lens and others. With my training in neuro-ophthalmology / corneal and refractive surgery—in my hands anyone who wants improved vision is a candidate to be helped. One side of this facility is designated for LASIK ...the other side for a procedure called the 'multi-focal lens' that helps patients who have both far and near vision problems. With the 'multi-focal lens' we remove the natural lens of the eye with sound waves. No pain, no injections, no patches and, after surgery patients are able to see right away.

ST: What is the standard protocol for someone interested in LASIK?

RK: A patient needs to come in for a thorough eye examination. General health as well as eye health is taken into consideration. Numbing eye drops are administered. Using the detailed Wavefront map of the eye, the precise Excimer Laser (I use VISX S4 laser for extreme precision and accuracy) reshapes the cornea depending on a patient's need for correction and vision is improved in minutes.

ST: When we speak of LASIK is there just one LASIK procedure?

RK: There is also 'SuperLASIK'. In many cases where a patient has been turned down for traditional LASIK this is an option. Ideal candidates include patients over 18 years of age, with a healthy cornea and a stable prescription. With 'Super LASIK'

a superficial LASIK procedure is performed instead of going deep into the cornea. More treatment is delivered safely without affecting mechanics of the cornea. I also do 'INTACS' in cases where the cornea has become thin and weak and we stabilize it. Within the gambit of procedures that I do there is help for about everyone.

ST: Are there any risks associated with the LASIK procedure?

RK: LASIK surgery carries no more risk than other common surgeries. In fact, studies show it to be safer than contact lenses. Precise and thin flap technology promotes safety. It is surprising to the majority of patients, who find that LASIK is not a painful procedure. Some experience a mild, discomfort that subsides quickly. Patients can usually use their new vision immediately, but I recommend a long nap following surgery to allow eyes to rest. While some people relax the next day, many are back to work. Any surgery takes planning before and after the procedure. Rest follow-

ing any surgery is always best.

ST: Do most people have 20/20 vision following LASIK surgery? Also, I've heard that only one eye can be done at a time.

RK: For more than 10 years I've done both eyes during traditional LASIK surgeries. With multi-focal lens procedures and cataract surgeries we do one eye at a time. In our offices LASIK patients are extremely happy with 20/20 vision or better following their procedures. A careful examination of the health of a patient's eyes determines the results one can expect. The extensive experience patients receive in our offices, combined with predictability of the Excimer Laser, achieving clear, natural vision results are superior!

ST: Is LASIK correction permanent?

RK: LASIK correction is designed to be permanent, although as a patient grows older a LASIK procedure will not be able to curtail the effects of aging eyes. LASIK does, however, offer freedom from glasses, contacts and the agony people feel watching

their vision deteriorate. The most important element regarding eye care is the trust a patient feels with his/her eye care provider to answer questions and provide information to determine the course of eye care through all stages of a person's eye health.

The Khanna Institute is one of few to offer a cutting-edge technology to the baby boomer generation. When Khanna implants the Multi-Focal Lens a person has the ability to see far and

"We are all about the patient. We don't care about numbers...how many patients we can fit into one day. We recognize that eye surgery is one of the most important decisions in a person's life."



near in each eye. Although Khanna has performed thousands of eye surgeries, each he says is an exciting experience watching patients regain their vision. Dedication to his craft is a given, but it's not all work and no play for this happily married father of two. Sports, he says (tennis, swimming, field hockey, biking, skiing) offer him the stamina to withstand hours in the OR.

"I tell people who are considering LASIK, but experiencing some level of fear: your fears are justified, but the best way to work on that fear is come to one of my offices. That's why we offer free consultations. People come without pressure, ask questions and find out options best for them. Then, they can decide with their families what course to take. There are many options to help improve vision. And, that is my vision. To be able to give vision to all people on this earth."

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